

Primary School Menu: from 25.04.2022

Week 1: Weeks Commencing 25/04/2022, 16/05/2022, 13/06/2022, 04/07/2022, 05/09/2022, 26/09/2022, 17/10/2022	Monday	Tuesday	Wednesday	Thursday	Friday
Main meal option	Hot dog in a roll, thick cut chips, ketchup, coleslaw	Mexican Beef taco boat, rice, peas & sweetcorn	Roast Chicken with stuffing, creamed potatoes, gravy, carrots & broccoli	Pasta bolognese, garlic bread, mixed salad	Bubble Salmon, thick cut chips, baked beans
Vegetarian option	Vegetarian hot dog, thick cut chips, ketchup, coleslaw	Mexican bean taco boat, rice, peas & sweetcorn	Glamorgan Slice, creamed potatoes, gravy, carrots & broccoli	Vegetable pasta bolognese, garlic bread, mixed salad	Margarita pizza, thick cut chips, baked beans
Sandwich or Jacket Potato	Cheese sandwich, coleslaw	Jacket potato with cheese, beans or tuna, peas & sweetcorn	Tuna sandwich, carrot sticks	Jacket potato with cheese, beans or tuna, garlic bread, mixed salad	Egg sandwich, carrot sticks
Dessert	Flapjack or fruit wedges	Fruit jelly & cream or fruit wedges	Peach melba or fruit wedges	Chocolate sponge with white sauce or fruit wedges	Oaty cookie or fruit wedges

Week 2: Weeks Commencing 02/05/2022, 23/05/2022, 20/06/2022, 11/07/2022, 12/09/2022, 03/10/2022, 24/10/2022	Monday	Tuesday	Wednesday	Thursday	Friday
Main meal option	Cowboy brunch: Pork sausage, scrambled egg, smiley faces, baked beans	Mild fruity chicken curry, rice, peas	Braised beef in Yorkshire pudding, creamed potato, gravy, carrots & broccoli	Pork meatballs in a tomato sauce, pasta, mixed vegetables	Fish stars, thick cut chips, baked beans
Vegetarian option	Veggie Cowboy brunch: veggie sausage, scrambled egg, smiley faces, baked beans	Sweet potato & chickpea curry, rice, peas	Lentil & vegetable bake, creamed potato, gravy, carrots & broccoli	Veggie balls in a tomato sauce, pasta, mixed vegetables	Margarita pizza, thick cut chips, baked beans
Sandwich or Jacket Potato	Cheese sandwich, vegetable crudities	Jacket potato with cheese, beans or tuna, peas	Tuna sandwich, carrot sticks	Jacket potato with cheese, beans or tuna, mixed vegetables	Egg sandwich, carrot sticks
Dessert	Jammy Bun or fruit wedges	Fruit crumble & ice cream or fruit wedges	Fruit lolly or fruit wedges	Syrup sponge & custard or fruit wedges	Chocolate cookie or fruit wedges

Week 3: Weeks Commencing 09/05/2022, 06/06/2022, 27/06/2022, 18/07/2022, 19/09/2022, 10/10/2022	Monday	Tuesday	Wednesday	Thursday	Friday
Main meal option	Fish fingers, creamed potatoes, baked beans	Chicken wrap, thick cut chips, fruity coleslaw	Pork sausage, creamed potatoes, gravy, carrots & broccoli	Lasagne, garlic bread, mixed salad	Bubble Salmon, thick cut chips, baked beans
Vegetarian option	Vegetable Grill, creamed potatoes, baked beans	Cajun bean wrap, thick cut chips, fruity coleslaw	Vegetable pie, creamed potatoes, gravy, carrots & broccoli	Cheese & tomato pasta bake, garlic bread, mixed salad	Margarita pizza, thick cut chips, baked beans
Sandwich or Jacket Potato	Cheese sandwich, vegetable crudities	Jacket potato with cheese, beans or tuna, fruity coleslaw	Tuna sandwich, carrot sticks	Jacket potato with cheese, beans or tuna, mixed salad	Egg sandwich, carrot sticks
Dessert	Lemon feather sponge & custard or fruit wedges	Fruit trifle or fruit wedges	Marbled muffin or fruit wedges	Fruity yoghurt or fruit wedges	Apple & sultana cookie or fruit wedges