

## Primary School Menu: from 25.04.2022

<b>Week 1: Weeks Commencing 25/04/2022, 16/05/2022, 13/06/2022, 04/07/2022, 05/09/2022, 26/09/2022, 17/10/2022</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Main meal option</b>	Hot dog in a roll, thick cut chips, ketchup, coleslaw	Mexican Beef taco boat, rice, peas & sweetcorn	Roast Chicken with stuffing, creamed potatoes, gravy, carrots & broccoli	Pasta bolognaise, garlic bread, mixed salad	Bubble Salmon, thick cut chips, baked beans
<b>Vegetarian option</b>	Vegetarian hot dog, thick cut chips, ketchup, coleslaw	Mexican bean taco boat, rice, peas & sweetcorn	Glamorgan Slice, creamed potatoes, gravy, carrots & broccoli	Vegetable pasta bolognaise, garlic bread, mixed salad	Margarita pizza, thick cut chips, baked beans
<b>Sandwich or Jacket Potato</b>	Cheese sandwich, coleslaw	Jacket potato with cheese, beans or tuna, peas & sweetcorn	Tuna sandwich, carrot sticks	Jacket potato with cheese, beans or tuna, garlic bread, mixed salad	Egg sandwich, carrot sticks
<b>Dessert</b>	Flapjack or fruit wedges	Fruit jelly & cream or fruit wedges	Peach melba or fruit wedges	Chocolate sponge with white sauce or fruit wedges	Oaty cookie or fruit wedges

<b>Week 2: Weeks Commencing 02/05/2022, 23/05/2022, 20/06/2022, 11/07/2022, 12/09/2022, 03/10/2022, 24/10/2022</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Main meal option</b>	Cowboy brunch: Pork sausage, scrambled egg, smiley faces, baked beans	Mild fruity chicken curry, rice, peas	Braised beef in Yorkshire pudding, creamed potato, gravy, carrots & broccoli	Pork meatballs in a tomato sauce, pasta, mixed vegetables	Fish stars, thick cut chips, baked beans
<b>Vegetarian option</b>	Veggie Cowboy brunch: veggie sausage, scrambled egg, smiley faces, baked beans	Sweet potato & chickpea curry, rice, peas	Lentil & vegetable bake, creamed potato, gravy, carrots & broccoli	Veggie balls in a tomato sauce, pasta, mixed vegetables	Margarita pizza, thick cut chips, baked beans
<b>Sandwich or Jacket Potato</b>	Cheese sandwich, vegetable crudities	Jacket potato with cheese, beans or tuna, peas	Tuna sandwich, carrot sticks	Jacket potato with cheese, beans or tuna, mixed vegetables	Egg sandwich, carrot sticks
<b>Dessert</b>	Jammy Bun or fruit wedges	Fruit crumble & ice cream or fruit wedges	Fruit lolly or fruit wedges	Syrup sponge & custard or fruit wedges	Chocolate cookie or fruit wedges

<b>Week 3: Weeks Commencing 09/05/2022, 06/06/2022, 27/06/2022, 18/07/2022, 19/09/2022, 10/10/2022</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Main meal option</b>	Fish fingers, creamed potatoes, baked beans	Chicken wrap, thick cut chips, fruity coleslaw	Pork sausage, creamed potatoes, gravy, carrots & broccoli	Lasagne, garlic bread, mixed salad	Bubble Salmon, thick cut chips, baked beans
<b>Vegetarian option</b>	Vegetable Grill, creamed potatoes, baked beans	Cajun bean wrap, thick cut chips, fruity coleslaw	Vegetable pie, creamed potatoes, gravy, carrots & broccoli	Cheese & tomato pasta bake, garlic bread, mixed salad	Margarita pizza, thick cut chips, baked beans
<b>Sandwich or Jacket Potato</b>	Cheese sandwich, vegetable crudities	Jacket potato with cheese, beans or tuna, fruity coleslaw	Tuna sandwich, carrot sticks	Jacket potato with cheese, beans or tuna, mixed salad	Egg sandwich, carrot sticks
<b>Dessert</b>	Lemon feather sponge & custard or fruit wedges	Fruit trifle or fruit wedges	Marbled muffin or fruit wedges	Fruity yoghurt or fruit wedges	Apple & sultana cookie or fruit wedges